You’ve probably seen the recent statistics about the suicide epidemic — that suicide rates over all have risen by over 30 percent this century; that teenage suicides are rising at roughly twice that rate; that every year 45,000 Americans kill themselves.
Nearly 1 in 4 local 7th and 8th graders seriously considered suicide in 2017.

16% of local 7th & 8th graders have made a suicide plan, some in pacts with others.

Eagle County lost 17 people to suicide in 2018, up 183% from 2016.

Vail Health ER visits for anxiety/depression rose 360% (from 63 to 290) between 2013-18.

Eagle County averages nearly a suicide attempt per day (324 in 2018).

46% of Americans would not know where to go for mental health services.
ANXIETY & DEPRESSION - ER VISITS

360% increase in 4 years
ALCOHOL / INTOXICATED - ER VISITS

381% increase in 4 years
SUICIDE ATTEMPTS: 911 CALLS

On pace for 259 in 2018, a 118% increase

*2018 numbers are based on Q1-Q3 of 194, which projects out to 259 for the year.
SUICIDES IN EAGLE COUNTY

- 2016: 6
- 2017: 16
- 2018: 17
## OUR 7th & 8th Graders

<table>
<thead>
<tr>
<th>Healthy Kids Colorado Survey (7th &amp; 8th)</th>
<th>2011</th>
<th>2013</th>
<th>2015</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felt sad or hopeless for two or more weeks</td>
<td>19%</td>
<td>23%</td>
<td>25%</td>
<td>31%</td>
</tr>
<tr>
<td>Seriously considered suicide</td>
<td>9%</td>
<td>12%</td>
<td>17%</td>
<td>23%</td>
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<tr>
<td>Made a suicide plan</td>
<td>5%</td>
<td>9%</td>
<td>13%</td>
<td>16%</td>
</tr>
<tr>
<td>Attempted suicide</td>
<td>4.8%</td>
<td>6%</td>
<td>6.5%</td>
<td>8.5%</td>
</tr>
</tbody>
</table>
# CURRENT COLLABORATIVES

<table>
<thead>
<tr>
<th>Total Health Alliance</th>
<th>Mental Health Advisory Committee</th>
<th>Systems Group</th>
</tr>
</thead>
</table>
| • Group of 70 local governments, agencies & organizations  
  • Open to the public  
  • Share info & topics related to mental health | • 10-person committee appointed by County Commissioners  
  • Advise Commissioners on 1A/marijuana mental health funding | • Designated Executive leaders from key organizations  
  • Create transparency  
  • Understand existing services, funding and gaps  
  • Map current system and patient continuum of care |
EXECUTIVE PLAYERS ARE AT THE TABLE

(1) Colorado Mountain Medical CEO
(1) Eagle County Health Service District CEO
(1) Eagle County Manager
(1) Eagle County Public Health Director
(1) Eagle County School District- Superintendent
(1) Eagle River Youth Coalition Exec. Dir.
(1) Eagle County Sheriff
(1) Hope Center Exec. Dir.
(1) Johnson Depression Center CEO
(1) Law Enforcement rep.
(1) Marketing/Communications rep.
(1) Mind Springs CEO
(1) Mountain Family CEO
(1) Philanthropy/Fundraising rep.
(1) Speak Up Reach Out Exec. Dir.
EAGLE VALLEY MENTAL HEALTH

OUR MISSION
Lead community collaboration to ensure access to superior behavioral health services for everyone in our Valley.

OUR VISION
Imagine a time in this Valley when we spend as much time, effort and resources on our mental health as we do our physical health.
Developing collaborative fundraising strategies and integrated cross-initiative implementation plan

Will launch collaborative fund-raising and system transformation in parallel

Described (20) unique gaps across the continuum and engaged (40) people to confirm these

Identified issues during (12) system leader interviews and a workshop engaging (35) THA members

Engaged (53) people via (5) group workshops and one-on-one discussions to select strategies and create cost proformas

Developing collaborative fundraising strategies and integrated cross-initiative implementation plan

Will launch collaborative fund-raising and system transformation in parallel
IDENTIFIED ISSUES

- Four 2 hour worksessions with the Total Health Alliance. (avg attendance 50)
- 2 Systems meeting
- 15 Individual Interviews

Resulted in 20 Key gaps
SYNTHESIZED GAPS

**Gap Summary:** 20 gaps across the BH continuum of care, including seven “system enablers” (SE).

**Prevention**
Outreach, education, screening, bolstering protective factors, and decreasing risk factors

**Intervention**
Crisis response, school-based and community services

**Treatment**
Inpatient, outpatient, and post-crisis services

**Recovery**
After-care and recovery support

**Provider Collaboration & Connection to Physical Health**

**Data, Evaluation, Best Practices & Improvement**

**Prevention**

- **P1:** Insufficient parental support and coaching
- **P2:** Inconsistent screening & follow-up
- **P3:** Limited community/social connectedness (pro-social connections, support groups)
- **P4:** No youth/community centers

**Intervention**

- **I1:** Lack of integrated BH facility capacity
- **I2:** Inadequate funding to support our mobile crisis response needs
- **I3:** Inadequate funding for school-based services

**Treatment**

- **T1:** Lack of full continuum of substance use (SU) services
- **T2:** Lack of full continuum of Mental Health (MH) services
- **T3:** Limited MH or SU providers
- **T4:** Lack of timely post crisis follow-up
- **T5:** Inadequate funding for jail-based services

**Recovery**

- **R1:** Lack of recovery supports for people in or completing SU/MH treatment

**System Enablers (SE)**

- **SE1:** No single point of contact for available services, referral, escalation and follow-up
- **SE2:** No capacity monitoring system
- **SE3:** Data systems do not enable data sharing
- **SE4:** Continuous improvement is not formalized
- **SE5:** No local accountability/oversight
- **SE6:** Service funding and payment mechanisms are poorly understood
- **SE7:** The community climate reinforces stigma and isolation
# Eagle County Mental Health Funds

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
<th>2022</th>
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<tbody>
<tr>
<td>Marijuana Sales and Excise Tax</td>
<td>$398,000</td>
<td>$480,000</td>
<td>$560,000</td>
<td>$640,000</td>
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<tr>
<td>BoCC</td>
<td>$500,000</td>
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<tr>
<td>Katz/Amsterdam Foundation</td>
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<td>$429,000</td>
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<tr>
<td>Dola Crisis Response - Eagle</td>
<td></td>
<td>$266,000</td>
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<tr>
<td>Dola Crisis Response - Basalt</td>
<td></td>
<td>$134,000</td>
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<tr>
<td>LE contribution to Crisis Response</td>
<td></td>
<td>$150,000</td>
<td></td>
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<tr>
<td>Eagle County MH Fund Balance Carryforward</td>
<td>$898,000</td>
<td>$437,913</td>
<td>$253,546</td>
<td>$149,179</td>
<td>$184,812</td>
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<tr>
<td>Total Revenue Before Projects</td>
<td>$898,000</td>
<td>$2,357,000</td>
<td>$997,913</td>
<td>$893,546</td>
<td>$869,179</td>
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<tr>
<td>(School Based Mental Health Counselors) Approved 18</td>
<td>$-400,000</td>
<td>$-300,000</td>
<td>$-200,000</td>
<td>$-140,000</td>
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<tr>
<td>(Expanded Mental Health Services-Integrated)</td>
<td></td>
<td>$-100,000</td>
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<tr>
<td>Jail Based Counselors-Minds Springs Approved 18</td>
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<tr>
<td>Crisis Response -Hope Center Approved 18</td>
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<td>Eat Chat Parent-ERYC Approved 18</td>
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<td>Bilingual Therapists-Valley Settlement Approved 18</td>
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<td>Prevention/Training -Speak Up Reach Out Approved 18</td>
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<td>$-50,000</td>
<td>$-50,000</td>
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<tr>
<td>MIRA-Our Community Foundation Approved 19</td>
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<td>Resident programing -YP365 Approved 19</td>
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<td>Bright Future Foundation Approved 19</td>
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<td>Mountain Family-Katz Money at MFHC</td>
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<tr>
<td>Hope Center-Katz Money at Hope</td>
<td></td>
<td>$-89,000</td>
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<tr>
<td>Dola Crisis Response Money at Hope</td>
<td></td>
<td>$-266,000</td>
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<tr>
<td>Dola Crisis Response Money at Hope</td>
<td></td>
<td>$-134,000</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LE contribution to Crisis Response Money at Hope</td>
<td></td>
<td>$-150,000</td>
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</tbody>
</table>

**Total Funding Issued**: $1,769,087

**Total Fund Reserve**: $898,000 $437,913 $253,546 $149,179 $184,812
HUGE WINS SO FAR

- MJ Sales Tax
- Alignment of Law Enforcement Agencies
- Hope Center Crisis Response - in place
  - 24/7
- Jail Based Mental Health Clinician - in place
- FTE for Speak Up Reach Out - in place
- Eat Chat Parent
- MIRA
- School Based Mental Health Clinicians
  - 6 of 7 in place.
- Vail Health taking a transformative role
- Tele Psych
- Killing the Stigma

We are aiming for the best mental health system.
Questions?

Chris Lindley
chris.lindley@eaglecounty.us
VAPING EPIDEMIC

- Youth cigarette use at historic low
- Youth vaping 2nd only to alcohol
- HSR 12 rates are higher than state
- FDA / Surgeon General announced an “epidemic” in 2018
- CO Governor declared “No Vape November” + Health Advisory
WE KNOW WHAT WORKS

Effects of Cigarette Price Increases on Smoking Prevalence

- Increase
- Decrease in adult prevalence: 3%-5%
- Decrease in youth prevalence: 6%-7%

Tobacco Retail Licensing

- No license near schools or youth-populated area
- Keep tobacco out of sight
- T21 Flavor Ban
- No self-service/only clerk assisted
- No coupons or discounting
- Raise minimum age to buy and/or sell
- Advertising restrictions indoors and/or outdoors
- Suspension/revocation for repeat offenders

“A raising the legal minimum age for cigarette purchase to 21 could gut our key young adult market (17-20).”
—Philip Morris Executive
HB19-1033

- Gives Counties authority to implement tobacco control regulations stronger than State;
- Counties can pass tobacco retail licensing, increase sale age of products to 21, and implement price increase measures;
- Aspen, Basalt, and Avon have already done this;
- Expanding ability to counties further reduces access and increases equity by eliminating loopholes
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Eagle County Public Health & Environment
970.328.880
mandy.ivanov@eaglecounty.us