

# EAGLE COUNTY PUBLIC/MENTAL HEALTH-UPDATE



VAIL HEALTH



MIND SPRINGS health

Prevention. Care. Recovery.



Mountain Family  
HEALTH CENTERS



HOPECENTER  
Eagle River Valley



Helen and Arthur E. Johnson  
Depression Center

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



EAGLE COUNTY



EAGLE COUNTY SCHOOLS



You've probably seen the recent statistics about the suicide epidemic — that suicide rates over all have risen by over **30 percent** this century; that teenage suicides are rising at roughly **twice that rate**; that **every year 45,000 Americans kill themselves.**

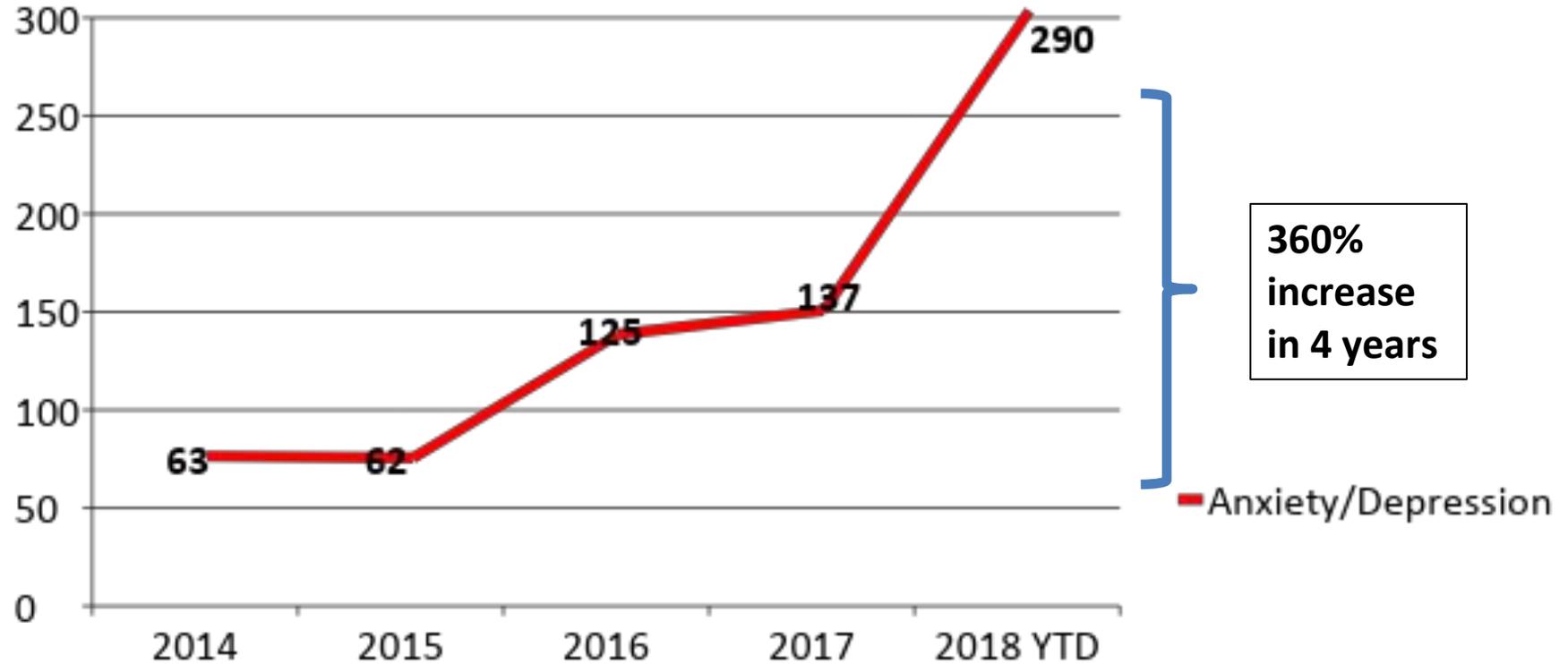
# THE PROBLEM IS HERE

---

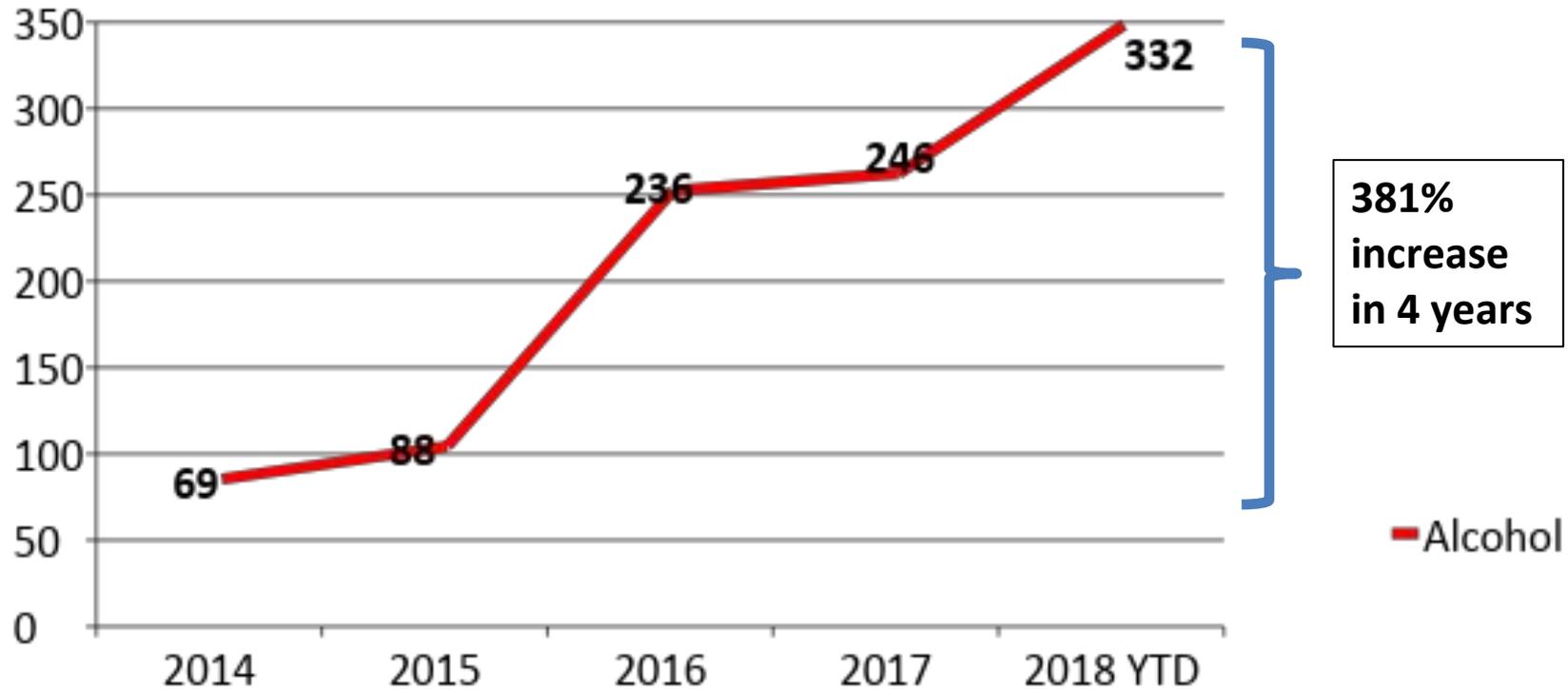
- Nearly 1 in 4 local 7<sup>th</sup> and 8<sup>th</sup> graders seriously considered suicide in 2017.
- 16% of local 7<sup>th</sup> & 8<sup>th</sup> graders have made a suicide plan, some in pacts with others.
- Eagle County lost 17 people to suicide in 2018, up 183% from 2016.
- Vail Health ER visits for anxiety/depression rose 360% (from 63 to 290) between 2013-18.
- Eagle County averages nearly a suicide attempt per day (324 in 2018).
- 46% of Americans would not know where to go for mental health services.



# ANXIETY & DEPRESSION - ER VISITS

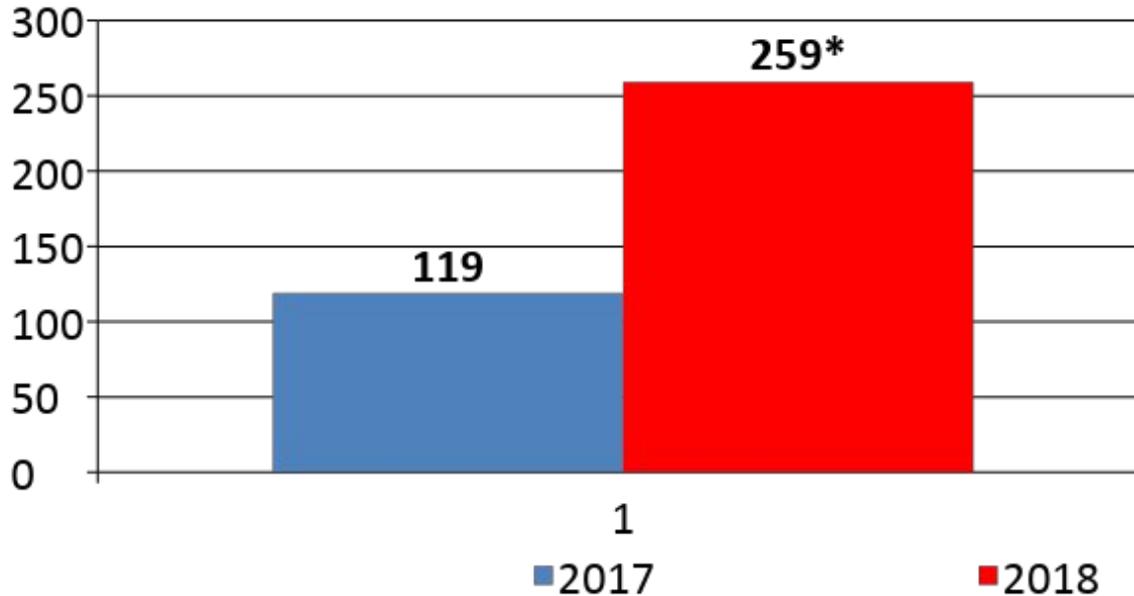


# ALCOHOL / INTOXICATED - ER VISITS



# SUICIDE ATTEMPTS: 911 CALLS

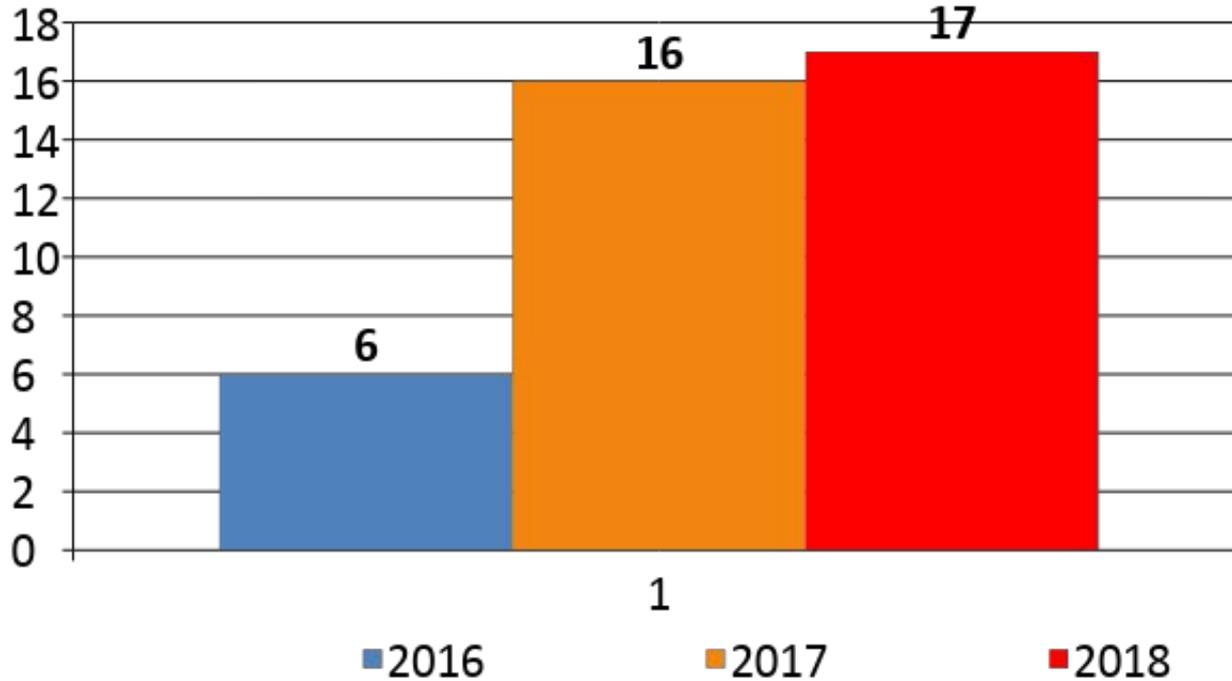
On pace for 259 in 2018, a 118% increase



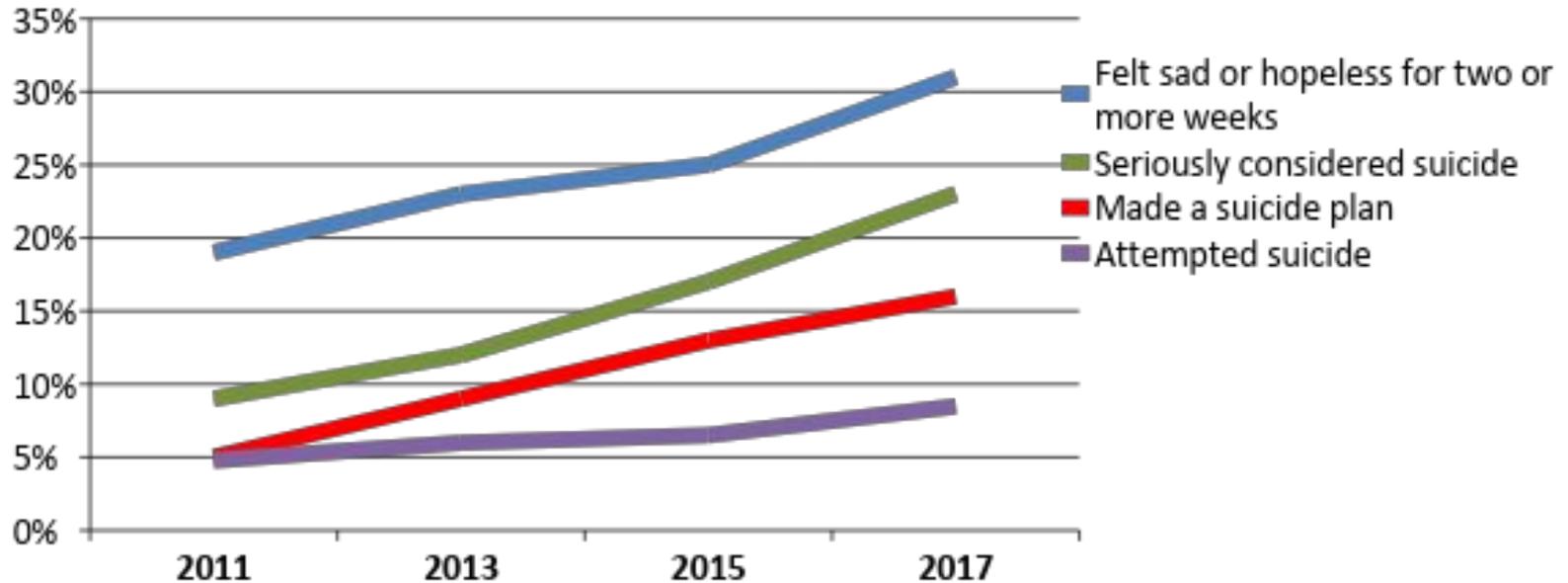
\*2018 numbers are based on Q1-Q3 of 194, which projects out to 259 for the year.

# SUICIDES IN EAGLE COUNTY

---



# OUR 7<sup>TH</sup> & 8<sup>TH</sup> GRADERS



Healthy Kids Colorado Survey (7 <sup>th</sup> & 8 <sup>th</sup> )	2011	2013	2015	2017
Felt sad or hopeless for two or more weeks	19%	23%	25%	31%
Seriously considered suicide	9%	12%	17%	23%
Made a suicide plan	5%	9%	13%	16%
Attempted suicide	4.8%	6%	6.5%	8.5%

# CURRENT COLLABORATIVES

---

Total Health Alliance	Mental Health Advisory Committee	Systems Group
<ul style="list-style-type: none"><li>• Group of 70 local governments, agencies &amp; organizations</li><li>• Open to the public</li><li>• Share info &amp; topics related to mental health</li></ul>	<ul style="list-style-type: none"><li>• 10-person committee appointed by County Commissioners</li><li>• Advise Commissioners on 1A/marijuana mental health funding</li></ul>	<ul style="list-style-type: none"><li>• Designated Executive leaders from key organizations</li><li>• Create transparency</li><li>• Understand existing services, funding and gaps</li><li>• Map current system and patient continuum of care</li></ul>

# EXECUTIVE PLAYERS ARE AT THE TABLE

---

- (1) Colorado Mountain Medical CEO
- (1) Eagle County Health Service District CEO
- (1) Eagle County Manger
- (1)Eagle County Public Health Director
- (1) Eagle County School District- Superintendent
- (1) Eagle River Youth Coalition Exec. Dir.
- (1) Eagle County Sheriff
- (1) Hope Center Exec. Dir.
- (1) Johnson Depression Center CEO
- (1) Law Enforcement rep.
- (1) Marketing/Communications rep.
- (1) Mind Springs CEO
- (1) Mountain Family CEO
- (1) Philanthropy/Fundraising rep.
- (1) Speak Up Reach Out Exec. Dir.

# EAGLE VALLEY MENTAL HEALTH

---

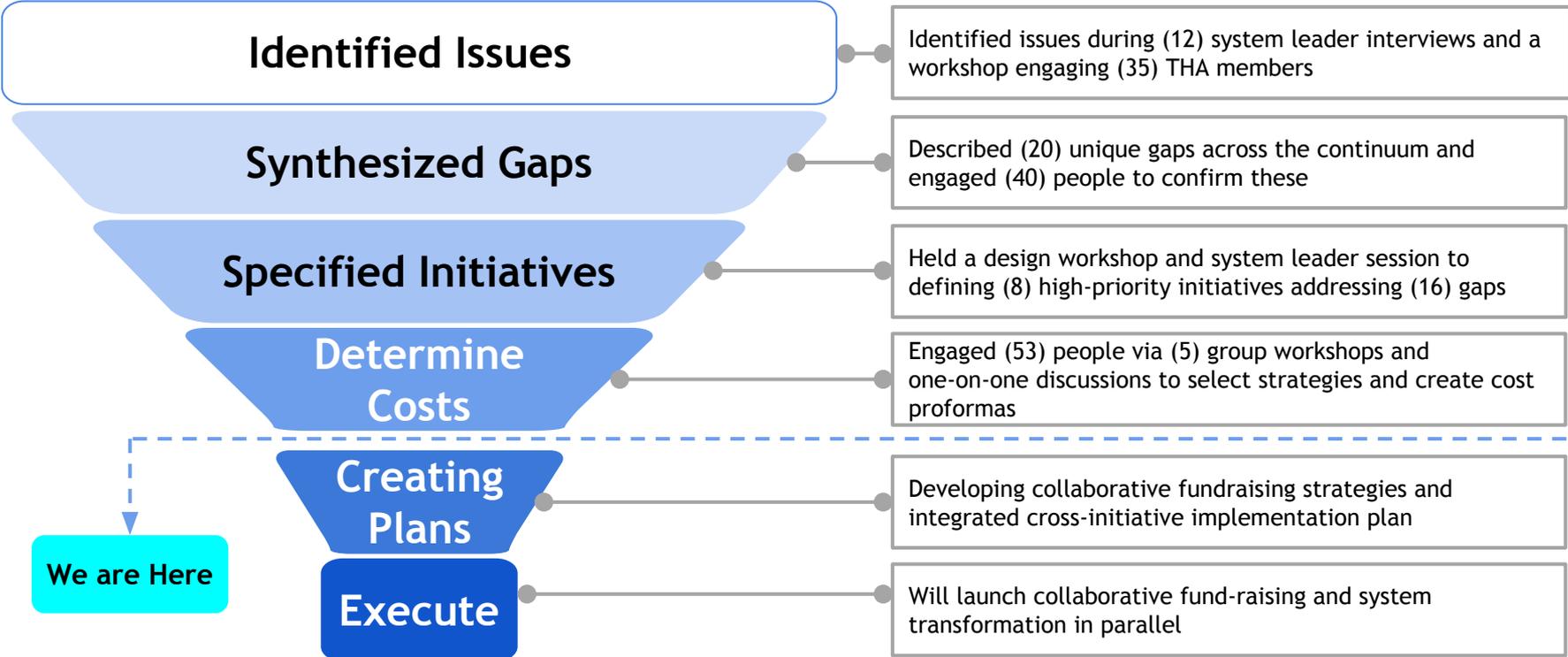
## OUR MISSION

Lead community collaboration to ensure access to superior behavioral health services for everyone in our Valley.

## OUR VISION

*Imagine a time in this Valley when we spend as much time, effort and resources on our mental health as we do our physical health.*

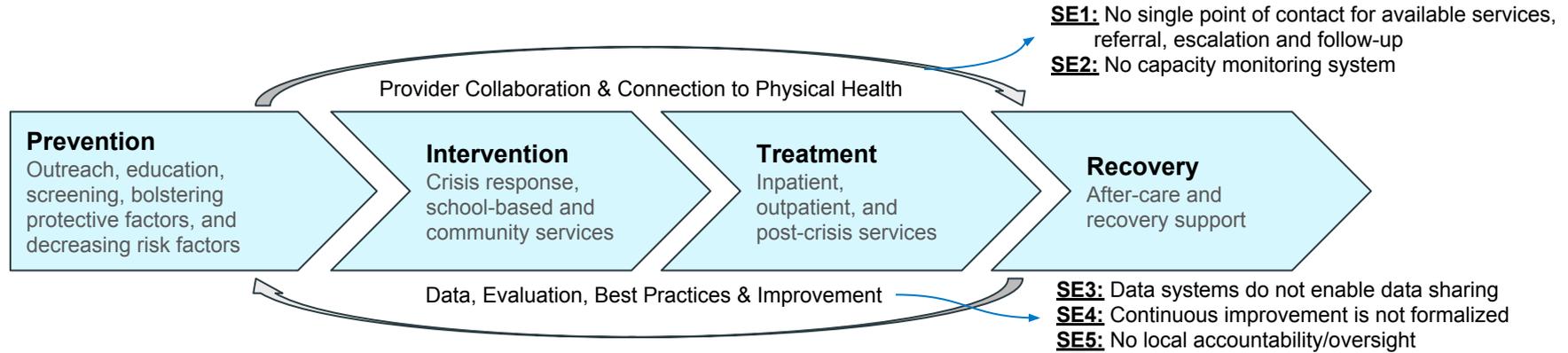
# ENGAGEMENT PROCESS





# SYNTHESIZED GAPS

**Gap Summary:** 20 gaps across the BH continuum of care, including seven “system enablers” (SE).



- P1:** Insufficient parental support and coaching
- P2:** Inconsistent screening & follow-up
- P3:** Limited community/social connectedness (pro-social connections, support groups)
- P4:** No youth/community centers

- I1:** Lack of integrated BH facility capacity
- I2:** Inadequate funding to support our mobile crisis response needs
- I3:** Inadequate funding for school-based services

- T1:** Lack of full continuum of substance use (SU) services
- T2:** Lack of full continuum of Mental Health (MH) services
- T3:** Limited MH or SU providers
- T4:** Lack of timely post crisis follow-up
- T5:** Inadequate funding for jail-based services

- R1:** Lack of recovery supports for people in or completing SU/MH treatment

**SE6:** Service funding and payment mechanisms are poorly understood

**SE7:** The community climate reinforces stigma and isolation

# DETERMINED COSTS -PLANNING PARTNERS

Melisa Rewold-Thuon  
Megan Heil  
Liz Costaldo  
Michelle Stecher  
Carol Johnson  
Janet Bartnik  
Molly Fiore  
Jackie Skramstad  
Sharon Raggio  
Chris Rieder  
Chriss Flynn  
Melissa Riggins  
Dr. Amy Gallagher  
Felicia Romero  
Krista McClinton  
Chris Montera  
Ross Brooks  
Gary Schreiner  
Garry Schalla  
Fred Frederick  
Melvin Betancourt  
Janet Engle  
Brooks Bock  
Elisabeth "Bizzy" Barry  
Ada Borg  
Olga Wilkins  
Meg Taylor

Eagle County Schools  
School Resource Officer (SRO)  
Early Childhood Partners  
Eagle River Youth Coalition  
Eagle River Youth Coalition  
Mountain Recreation  
SpeakUp ReachOut  
Mind Springs Health  
Eagle County Paramedics  
Mountain Family  
Mountain Family  
Mountain Family  
Mountain Family  
Mountain Family  
Colorado Mountain Medical  
Colorado Mountain Medical  
Colorado Mountain Medical  
Colorado Mountain Medical  
Family Resource Center  
Rocky Mountain Health Plans

Michelle Meuthing  
Erica Donica  
Talli Hitt  
Darrell Messersmith, CIO  
Doris Kirchner  
Craig Cohn  
Michael Holton  
Ali Neives  
Sarah Drew  
Bethanie Lindal  
Dr. Jay Shore  
Casey Wolfington  
Ryan Kenney  
Greg Daly  
Greg VanWyk  
James VanBeek  
Michael Pisciotta  
Judge John Shamis  
Jeff Shroll  
Angelo Fernandez  
Chris Lindley  
Rebecca Larson  
Dana Erpelding  
Mandy Ivanov  
Faviola Alderete  
Melina Valescia  
Pat Hammon

Hope Center  
Hope Center  
Hope Center  
Vail Health  
Vail Health  
Vail Health  
Vail Health  
Vail Health  
Vail Health  
Private practice  
CU Depression Center  
Bright Future Foundation  
Vail PD  
Avon PD  
Eagle County Jail  
Eagle County Sheriff  
Courts  
Courts  
Eagle County Government  
Eagle County Government  
Eagle County Public Health  
Eagle County Public Health  
Eagle County Public Health  
Eagle County Public Health  
Eagle County Government  
MIRA  
Eagle County Veterans Services

# EAGLE COUNTY MENTAL HEALTH FUNDS

	2018	2019	2020	2021	2022
Marijuana Sales and Excise Tax	\$398,000	\$480,000	\$560,000	\$640,000	\$720,000
BoCC	\$500,000				
Katz/Amsterdam Foundation		\$429,000			
Dola Crisis Response -Eagle		\$266,000			
Dola Crisis Response - Basalt		\$134,000			
LE contribution to Crisis Response		\$150,000			
Eagle County MH Fund Balance Carryforward		\$898,000	\$437,913	\$253,546	\$149,179
<b>Total Revenue Before Projects</b>	<b>\$898,000</b>	<b>\$2,357,000</b>	<b>\$997,913</b>	<b>\$893,546</b>	<b>\$869,179</b>
(School Based Mental Health Counselors)	Approved 18	-\$400,000	-\$300,000	-\$200,000	-\$140,000
CSU/Social Detox/Respite Care				-\$100,000	-\$100,000
(Expanded Mental Health Services-Integrated)			-\$100,000	-\$100,000	-\$100,000
Jail Based Counselors-Minds Springs	Approved 18	-\$80,000	-\$80,000	-\$80,000	-\$80,000
Crisis Response -Hope Center	Approved 18	-\$100,000	-\$100,000	-\$100,000	-\$100,000
Crisis Response -MindSprings	Approved 18	-\$114,367	-\$114,367	-\$114,367	-\$114,367
Eat Chat Parent-ERYC	Approved 18	-\$21,600			
Bilingual Therapists-Valley Settlement	Approved 18	-\$20,000			
Prevention/Training -Speak Up Reach Out	Approved 18	-\$50,000	-\$50,000	-\$50,000	-\$50,000
MIRA-Our Community Foundation	Approved 19	-\$60,000			
Resident programming -YP365	Approved 19	-\$15,000			
The Buddy Program	Approved 19	-\$15,000			
Bright Future Foundation	Approved 19	-\$15,000			
Early Childhood Partners	Approved 19	-\$49,120			
Eagle County Public Health-Katz	Approved 18	-\$240,000			
Mountain Family-Katz	Money at MFHC	-\$100,000			
Hope Center-Katz	Money at Hope	-\$89,000			
Dola Crisis Response	Money at Hope	-\$266,000			
Dola Crisis Response	Money at Hope	-\$134,000			
LE contribution to Crisis Response	Money at Hope	-\$150,000			
<b>Total Funding Issued</b>		<b>\$1,769,087</b>			
<b>Total Fund Reserve</b>	<b>\$898,000</b>	<b>\$437,913</b>	<b>\$253,546</b>	<b>\$149,179</b>	<b>\$184,812</b>

# HUGE WINS SO FAR

- MJ Sales Tax
- Alignment of Law Enforcement Agencies
- Hope Center Crisis Response -in place
  - 24/7
- Jail Based Mental Health Clinician- in place
- FTE for Speak Up Reach Out - in place
- Eat Chat Parent
- MIRA
- School Based Mental Health Clinicians
  - 6 of 7 in place.
- Vail Health taking a transformative role
- Tele Psych
- Killing the Stigma

*We are aiming for the best mental health system.*

Questions?

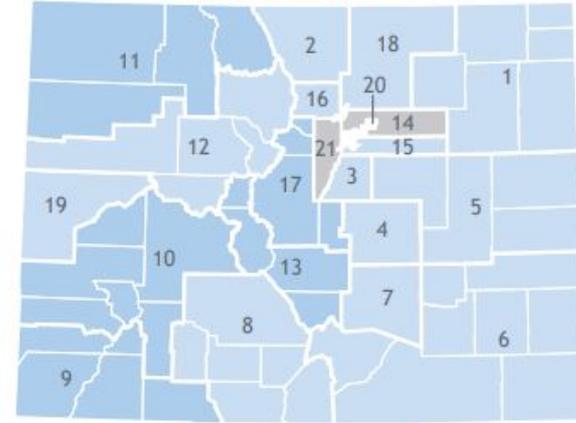
Chris Lindley

[chris.lindley@eaglecounty.us](mailto:chris.lindley@eaglecounty.us)

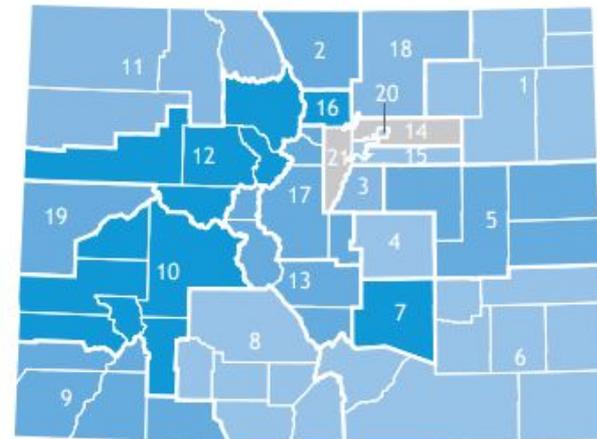
# VAPING EPIDEMIC

- Youth cigarette use at historic low
- Youth vaping 2nd only to alcohol
- HSR 12 rates are higher than state
- FDA / Surgeon General announced an “epidemic” in 2018
- CO Governor declared “No Vape November” + Health Advisory

CIGARETTE

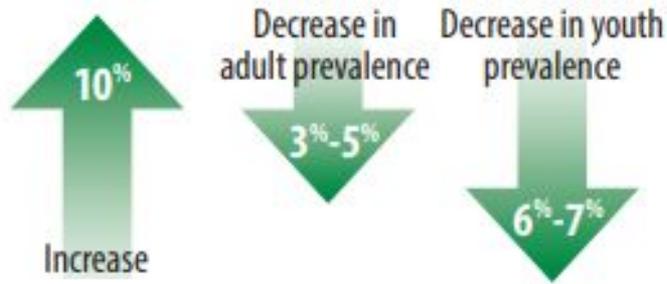


E-CIGARETTE



# WE KNOW WHAT WORKS

## Effects of Cigarette Price Increases on Smoking Prevalence



A tobacco retail licensing ordinance functions as an umbrella, under which violations of various tobacco control laws may be enforced. In a community with a licensing ordinance, if a retailer violates a state or local tobacco control law, the retailer also has violated the tobacco license.



"Raising the legal minimum age for cigarette purchase to 21 could gut our key young adult market (17-20)."  
—Phillip Morris Executive

# HB19-1033

- Gives Counties authority to implement tobacco control regulations stronger than State;
- Counties can pass tobacco retail licensing, increase sale age of products to 21, and implement price increase measures;
- Aspen, Basalt, and Avon have already done this;
- Expanding ability to counties further reduces access and increases equity by eliminating loopholes

Mandy Ivanov, MPH  
Health Promotion Coordinator  
Eagle County Public Health &  
Environment

970.328.880  
mandy.ivanov@eaglecounty.us

